

## Sunshine Committee

### New baby

Our congratulations to **Amy and Matt Breidenthal** on the birth of their first baby. His name is **Max** and he was born June 8th, 2011. Weighed 8 lbs, 2 oz and was 21 inches

### TLC for Turtle Lake

The restoration project for Turtle Lake has finished, birds, fish (and of course Turtles) and plants have already claimed it as their home. This was a project of love, made a reality due to the contribution and efforts of many Somerset residents and for that, we are grateful. Now with the renewed interest and use of the lake, especially with the pool open and summer break from school, we have noticed some not so nice behaviors by some people (adults and children): throwing grass clippings or wood in the lake, throwing trash outside the trash cans (one on each side of the deck), leaving trash on the floating dock, breaking the water pump next to the floating dock (it is a privately owned pump).

This is a lake to be enjoyed, and we hope you are taking that advantage, but it needs TLC from everybody. Please keep it clean and healthy. It will be a benefit to all residents, all lake animals and let's hope, to our real estate values.

Items are also left inadvertently around the deck and floating dock which are turned into SHOA as found items. If you have left any items please contact us via email using [INFO@SHOA.US](mailto:INFO@SHOA.US) and leave us details. Currently we are in the possession of one fishing pole.

### Know of a Neighbor Who Needs Help?

Please let Somerset's Sunshine coordinator know about it. Luz Stella Diaz (678-772-1189 or [luzstella2000@yahoo.com](mailto:luzstella2000@yahoo.com)) can arrange for meals to help the household through their challenging time.

## Pool Update

I hope everyone is enjoying the pool this summer. It's certainly hot enough!

Just a few friendly reminders and a bit of good news:

**Clean-up:** Please clean-up after yourself. This includes putting the umbrella down and removing your trash. Please also wash any dishes used and tidy the kitchen.

**Lost & Found:** The Lost & Found will be emptied on Tuesday mornings. Please check the Lost & Found for your belongings.

**Access Card Closing Procedures:** If you are an access card holder, the closing procedures have changed. The lifeguards will lock the doors at closing time and you can let yourself back in with your card. If you are the last one to leave, **please be sure the doors are locked behind you and all lights are turned off.** REMEMBER - if you leave the pool area to use the restroom, you will need your card to get back in!

**Surfs Up!** After an extended troubleshooting exercise the WiFi connection has been restored at the clubhouse.

## Social Events

**Kindergarten** Do you have a rising Kindergarten? If so, please join us for a neighborhood "Meet & Greet" at 10:00 am on Saturday, August 13, at the home of Lynda and Mark Hedley (3283 Turtle Lake Club Dr.). We'll have a few fun activities, beverages, and lunch. Please RSVP to Lynda Hedley at 404.358.1795 or [momwith2boyz@gmail.com](mailto:momwith2boyz@gmail.com) no later than August 10.

You DO NOT have to be a SHOA member to attend. Come one, come all!



### Chili Cook-Off

Ladies, gentlemen, cooks, and chefs...start your pots! Somerset's Chili Cook-Off is in the works and will be coming together like a big bowl of spicy heaven. The event will

be in October, after summer is officially over and cooler weather starts to creep in. So get ready to pull on those jeans and dive into some delicious bowls of chili. Contest applications and more details to follow.

# Somerset Volunteers

<b>Terry Porter</b> iceporter@yahoo.com	<b>President - SHOA</b> 770.617.1712
<b>Nancy Forbes</b> nmforbes@rocketmail.com	<b>Vice President - SHOA</b> 770.933.8644
<b>Karen Sharpless</b> karensarpless@kw.com	<b>Secretary - SHOA</b> 770.541.0258
<b>Sean Barr</b> seanbarr1@gmail.com	<b>Treasurer - SHOA</b> 678.315.0770
<b>Christine Chapman</b> 2christinec@comcast.net	<b>Lake - SHOA</b> 770.330.8718
<b>Tracey Voegtle</b> tracymv@marykay.com	<b>Welcome - SHOA</b> 770.859.9653
<b>Kit Boden</b> mrsbudboden@yahoo.com	<b>Landscape - SHOA</b> 770.955.3485
<b>Steve Chapman</b> 2stevec@comcast.net	<b>Membership - SHOA</b> 770.312.1035
<b>Colin Schroeder</b> acschroeder@bellsouth.net	<b>Security - SHOA</b> 678.525.3137
<b>Shelley Fleishman</b> shelley.fly@gmail.com	<b>Social (Co-Chair) - SHOA</b> 770.916.0101
<b>Lynda Hedley</b> momwith2boyz@gmail.com	<b>Social (Co-Chair) - SHOA</b> 404.358.1795
<b>Sherridan Santivanez</b> sherridan.santivanez@jmsadvisors.com	<b>Pool (Co-Chair) - SHOA</b> 770.859.0538
<b>Rick Cottrell</b> rick_cottrell@yahoo.com	<b>Communications - SHOA</b> 770.690.8219
<b>Walt Helms</b> walt.helms@comcast.net	<b>Tennis - SHOA</b> 770.859.2009
<b>Edith O'Neill</b> oneillbrianc@bellsouth.net	<b>Clubhouse - SHOA</b> 770.980.9681
<b>Deb Cottrell</b> djc0325@gmail.com	<b>Somerset Sharks - Co Coord</b> 770.596.0545
<b>Luz Stella Diaz</b> luzstella2000@yahoo.com	<b>Sunshine</b> 678.772.1189

Please be kind and call at reasonable hours 9AM-9PM

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# 2011 Membership Dues Invoice

Please complete appropriate sections below, enclose a check, and mail to:

Somerset Homeowners Association  
3417 Turtle Cove Court  
Marietta, Georgia 30067

Or deposit in the SHOA mailbox at the entrance to the pool/tennis area.

\*If you did not pay your 2010 dues by Dec. 31, 2010, you are in NEW status and your dues structure will be different. Not sure of your status? Check your status at the SHOA web site ([www.somersetsubdivision.org](http://www.somersetsubdivision.org)).

Item	Description	Amount	Total
SHOA DUES <small>*if not 2009 member see note above</small>	SHOA Annual Renewal Membership	\$160	
SHOA Member Pool/Tennis Dues	Annual Pool & Tennis Membership (SHOA members only)	\$370	
Somerset Resident <b>Non-SHOA Member</b>	Annual Pool & Tennis Membership (Somerset Resident Non-SHOA member)	\$1,370	
Beautification Fund	Donations for Community Beautification	Any Amount	
Non-Resident Pool/Tennis Dues	Annual Pool & Tennis Membership For Non-Residents	\$495	
		TOTAL	

Other Somerset Voluntary Associations (can be on same check as SHOA dues)

Turtle Lake Association Dues (on the lake)	Property On the Lake Yearly Association Membership	\$200	
Turtle Lake Association Dues (off the lake)	Property Off the Lake Yearly Association Membership	\$100	
		TOTAL	

Check Total: \$ \_\_\_\_\_

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Need to add or edit phone/email

Phone (only 1) \_\_\_\_\_

\*\*Email (up to 2) \_\_\_\_\_

I am a New Somerset Resident

Move In Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

\*\*The SHOA Board uses email for neighborhood communications such as security notices, social events, club meetings, lost and found (pets, wallets, keys, etc.) and community notices (drought updates, etc.) SHOA will not distribute or share your email to outside parties. Having your email address is an easy way to for SHOA to communicate between newsletters. Please make sure our email address mail@somersetsubdivision.org is set up in your accepted list of addresses so it does not get blocked by your security filter. Thank you.

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## Newsletter & Advertising

If you or someone you know would like to advertise in the newsletter please let me know. Content for the newsletter is welcomed too!!!! We are happy to have input from any SHO A member for non-profit, community service, or general information.

Advertising space is available for "for-profit" businesses, individuals or activities. Accommodations can be made for 1 time advertisements.

The current annual advertising rates (6 issues) is noted below:

- Full Page - \$1500
- 1/2 Page- \$800
- 1/4 Page - \$450
- 1/8 Page - \$250

Special thanks to our current advertisers - Ameriprise Financial (Lewis J. Forbes) and Peachtree Roofing (Alex Ray). These two advertisers are really helping Somerset!!

Feedback on this or any previous newsletter is welcomed. Contact Rick Cottrell at (770) 690-8219 or [rick\\_cottrell@yahoo.com](mailto:rick_cottrell@yahoo.com) with your comments or inquiries.

## Would you like to Recognize a Somerset Good Neighbor?

Do you know of a Somerset neighbor that goes the extra mile to make ours a more enjoyable neighborhood? That extra mile can take any form, such as helping a neighbor with meals through Sunshine, finding lost pets, volunteering for special Somerset projects, maintenance of common areas, etc. We need your input!!

Please send us a note at [INFO@SHOA.US](mailto:INFO@SHOA.US) letting us know of any neighbor who you believe is deserving of this recognition along with a description of why.

## Need an Extra Somerset Directory?

New directories are now available for all neighbors who have paid their 2011 SHO A dues.

Each paid household will receive one copy, with additional copies available for \$5/directory.

If you are interested in additional copies, contact Nancy Forbes, 770-933-8644 or [nmforbes@rocketmail.com](mailto:nmforbes@rocketmail.com).

## Clubhouse Rentals

Our clubhouse is always available for parties, showers and any other social event. Please visit the link below to check the clubhouse calendar for availability.

<http://www.somersetsubdivision.org/Clubhouse.asp>

Usage (per 4 hours):

- SHO A P/T member \$75
- SHO A-only member \$125
- Somerset non-SHO A member \$250

For reservations, please contact Edith O'Neill [oneillbrianc@bellsouth.net](mailto:oneillbrianc@bellsouth.net) 770-980-9681

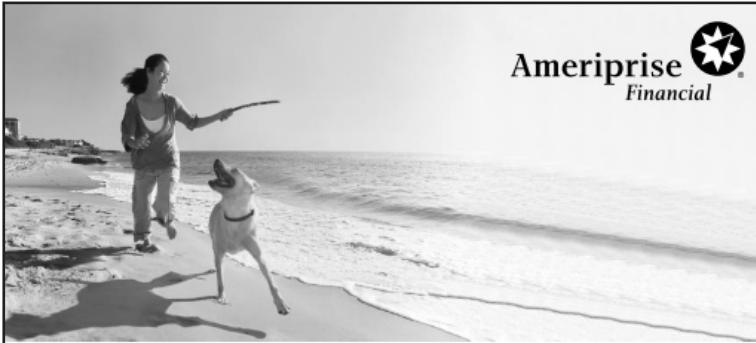


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## Security Update

Cobb Police sent this reminder about summer burglary & theft prevention:

Summer vacations and weekend getaways are in full swing. Do not post your vacation plans on Facebook or other social media sites and frequently remind your teens of the same. When you let everyone know when you are leaving and when you will be back, you are providing valuable information to a potential thief.

Please remember to remove your valuables from your vehicles and take them inside at night and lock your cars! If you are going somewhere and plan to leave your valuables in your car, please secure them out of sight before you arrive. Do not broadcast to everyone that you are placing valuables in your trunk.

Please continue to call 911 anytime you see someone suspicious in your neighborhood. School is out for the summer and this is the time when we see an increase in daytime residential burglaries and nighttime residential entering autos. If you see anyone on foot in your neighborhood that you do not recognize or someone you do recognize that appears to be behaving suspiciously, please call and let an officer check it out. You can remain anonymous!

## Lake Update

Turtle Lake continues to settle in after the restoration project. The May-Oct algae treatments have begun so our lake will continue to look as beautiful as it does now. We have also begun a "barley ball" treatment of the silt basin to eliminate any green water build up during the hot summer months when we do not have fresh water flowing into the lake.

**What the heck is a barley ball?** It is a 12" diameter sphere that contains barley straw treated with an all-natural active ingredient that is safe for fish, pets and other wildlife. The barley mixture absorbs scum buildup which will keep the lake clear. We also continue to fill up a recycle bin each week with water bottles and other debris as part of our regular maintenance.

Fishermen on our lake report bass as big as 18" and plenty of fish for an enjoyable catch and release time on the lake!

## Garden Club

The Somerset Garden Club is proud to announce that the following families have been chosen for Yard-Of-The-Month so far in 2011.

**April: Terry Porter and Luz Diaz**  
**3370 Turtle Lake Drive**

**May: David and Trish Mills**  
**3360 Hunterdon Way**

**June: Vincent and Amy Wang**  
**3341 Turtle Lake Drive**

**July: Kit and Bud Boden**  
**3241 Turtle Lake Drive**

The Garden Club is also taking on responsibility for trash pick-up along Terrell Mill and Lower Roswell from Terrell Mill Park to Fox Ridge Ct. This is in conjunction with Cobb County's Adopt-A-Mile program. Anyone interested in volunteering to help, please call Barbara Selby 770-952-3857. Pick-ups are scheduled 4 times a year in July, October, January and April.

# Tennis News

## PLAYERS NEEDED

The Somerset men's A-level ALTA team needs players for the upcoming fall season. The team played at the A-7 level last season and has a tremendous amount of fun, especially during home matches. If interested, please contact John Starr at [jstarr@batsoncookdev.com](mailto:jstarr@batsoncookdev.com) or 404-423-3000.

## HYDRATION TIPS

The recent hot and humid weather can impact your play on the court. Below are some hydration tips to survive our summers:

Before you play.

Make sure you are well hydrated before you start, by drinking about 500ml of fluid - water is fine - the night before and again about two hours before you play. This keeps you well hydrated and also give you time to excrete any excess fluid before going on court in your body.

During a match or practice.

Remember to take enough water and your sports drink when you play and get used to swallowing two or three mouthfuls at every change of ends and between sets in a match or at regular intervals in practice to help you balance fluid losses. Just like the pros, if the match or practice goes on more than an hour, make sure you drink your sports drink. Remember that different drinks suit different players so make sure you find one that suits you. During training follow the same routine of re-hydrating so you are familiar with the routine.

After a match or practice

Try to consume a little more than the fluid you have lost. This will usually be about 1-1.5L of fluid for each hour you played. Drink as much as you comfortably can and then continue periodically. Remember that just because you stop feeling thirsty does not mean you are fully hydrated. Let's think about the key issues about using diet and hydration to improve your tennis!

To play at your best:

- Make sure you always have a balanced and adequate diet.
- Make sure you have complex carbohydrates some time before you play and that you have small cereal bar type snacks in your bag for a long match or practice.

- Make sure you have a protein and carbohydrate meal within an hour of finishing play so that your body can recover more quickly.
- Begin the process of hydration the day before your match or practice
- Always start a match or practice well hydrated.
- Take enough water and the sports drink that you like onto court.
- Drink a few mouthfuls of fluid at each change of end and also between sets in. Do this at regular intervals in practice too.
- Rehydrate after practice or a match even if you don't feel thirsty.

# Marietta Happenings

## Glover Park Concert Series

The Glover Park Concert Series is the place to be in Marietta for summer concerts each month April through August. The park is the perfect setting for families and friends to enjoy a picnic and listen to music under the stars!

Concerts are free

The free concerts are presented by the Marietta Parks and Recreation Department and the Downtown Marietta Development Authority. The generous support of our premier sponsors makes this popular event possible.

Remaining 2011 Dates

Date/Time	Performer
July 29, 8:00 PM	Jesters (R&B and Beach)
Aug 26, 8:00 PM	Tyn Tymes (Beach & Oldies)
Sept 30, 8:00 PM	Pieces of Eight (Beach)

All concerts begin at 8 p.m. For information call 770-794-5601.

Table Reservations available

Table for 6: \$45 OR Table for 8: \$55

Reserve Online at <https://secure.mariettaga.gov/concert/default.aspx>

Tables may be reserved on the first working day of the month beginning at 8 a.m.

Only blankets and lawn chairs are allowed in the park and may be set up after 4 p.m. on Friday afternoon.

Tables and chairs may be brought and set up in the street on North Park Square after 6 p.m.

Table Decorating Contest

Join others and participate in the table or blanket-decorating contest sponsored by Coldwell Banker-Marietta West Cobb branch. The contest is held prior to each concert with the winner taking home a basket full of goodies. The winner will be announced during opening remarks. Judges will look at the use of theme, color, design, and creativity among other details. Registration is not required.

For more details visit [http://www.mariettaga.gov/departments/parks\\_rec/concertseries.aspx](http://www.mariettaga.gov/departments/parks_rec/concertseries.aspx)

**Earl Smith Strand Theatre**

Performula: A Musical Theatre Laboratory

The Earl Smith Strand Theatre is launching a new musical theatre camp called Performula: A Musical Theatre Laboratory this July! Students will focus on music, dance, and drama in this week-long camp, culminating in a Friday night performance on The Strand's Stephen W. Imler Stage.

"The Performula concept will be based upon active participation by each of the campers as they experience what is involved with becoming a trained performer," said Earl Reece, Strand executive director and camp director. "They will accomplish a great deal in 15 hours!"

The Performula camp concept was developed by Strand Executive Director Earl Reece. The former educator-turned-theatre director served as the director of the Cobb County Center for Excellence in the Performing Arts at Pebblebrook High School for 14 years, significantly growing the program while preparing students for the real world of performing arts. Under his leadership, graduates of the Pebblebrook program secured millions in scholarships to a long list of prestigious universities and performed on Broadway in close to 30 shows and in numerous national tours.

Each camp session lasts for five half-days, Monday through Friday. Students can sign up for a week-long session July 11-15 or July 25-29. Students will be grouped by grade level, with rising fourth through rising seventh grade from 9 a.m. to noon, and rising eighth through twelfth grade from 1 to 4 p.m.

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The price is \$150 per student and only 50 spots are available per age group per week. Camp reservations can be made by faxing/mailing the forms below to The Strand or be taken in person at The Strand box office Monday through Friday between 9 a.m. and noon and 1 and 4 p.m. Full payment is due at the time of sign-up.

For more details visit <http://www.earlsmithstrand.org/performula.php>

Download the Performula Student Info Form (PDF) at

<http://www.earlsmithstrand.org/docs/PerformulaStudentInfoForm.pdf>

Download the Performula Parent Agreement (PDF) at

<http://www.earlsmithstrand.org/docs/PerformulaParentAgreementOnline.pdf>

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Are you receiving email communications from SHOA? If not your email program may be blocking them as spam. Be sure to include emails sent from [info@shoa.us](mailto:info@shoa.us) in your safe list. SHOA members may update their email address from their home page at [www.SomersetSubdivision.org](http://www.SomersetSubdivision.org).